A Message from the Executive Director

This year marks five years since the opening of the David and Rebecca Barron Center for Men and the Esther Marie Hatton Center for Women. It’s been a blessing working in these state of the art centers for both our staff and the residents. As you read through these pages I hope you will have a renewed appreciation for the volume of homeless people we serve throughout the year, which directly correlates to the smaller number of homeless people actually living on the streets of Cincinnati.

I’m proud to say we continue to be the largest and most comprehensive shelter provider in the Greater Cincinnati region and the only one operating 24/7.

Our numbers tell the story as you will see. Some 90% of our exiting clients move into a positive housing destination; making Shelterhouse the agency that moves more homeless people into housing than any other organization in the region.

That said, there are still many challenges. We’ve seen a dramatic spike in the number of clients coming to us with severe mental health issues creating tremendous burdens on our staff with limited resources.

My hope is that you will compassionately consider making a contribution in the envelope provided, paying special attention to our women’s shelter. When thinking about homelessness, most people tend to forget that women make up a considerable portion of this population. On any given night in America over 200,000 women are without a place to stay.

Domestic and sexual violence are the leading causes of homelessness among women. And women without housing also face unique health challenges and outcomes that require specific types of care and support. About half of all women experiencing homelessness have a major depressive disorder.

So if you’ve been a previous donor, I thank you for your support and if you’ve never donated to us, I hope you’ll consider it today.

Arlene Nolan
Arlene Nolan, Executive Director
The Benefits of Helping Others in Need

- **Activate the Reward Center in Your Brain**
  A study by a University of Oregon professor demonstrates that charitable giving creates endorphins providing pleasurable feelings in the deepest parts of your physiology.

- **Feel Happier**
  While life satisfaction is one thing, general happiness is another. In a study by professors at the University of Missouri and the University of California, people who gave to others tend to score much higher on feelings of joy and contentment than individuals who did not give to others.

- **Give Where You Live**
  Giving to community organizations can provide important local safety nets that guarantee vital assistance during crises and emergencies.

- **Improve Your Health**
  People who volunteer score better on key measurements in overall health, such as resilience during physical activity and blood pressure levels, than people who do not.

- **Reduce Rates of Stress**
  Researchers at Johns Hopkins University and the University of Tennessee found that charitable givers experience reduced rates of stress and lower blood pressure compared to those who do not give.

- **Improve Your Employee Morale**
  Individual employees who contribute their time or money to a corporate cause are more likely to report improved worker morale. So ask your employer about Matching Gift opportunities at your workplace.

- **Reduce Your Tax Burden**
  Finally, and most famously, charitable contributions can reduce your tax burden at the end of the year. If you’re itemizing your tax return, you can report the dollars you contributed to charity for a deduction in your taxable income.

- reprinted in part by Mary McCoy/Money Crashers
Shelterhouse moves more homeless people into housing than any other agency in the region. We accomplish this through our Rapid Re-housing Program, which places a priority on moving individuals into permanent and stable housing as quickly as possible...ideally within 30 days of entering the program.

In 2019 we had **567** homeless clients in this program and by the end of the year, **305** people were housed. **96%** of these clients remained in permanent housing at the conclusion of their rental subsidy and **87%** maintained or increased their income.
The answer to ending homelessness is HOUSING.

In our Emergency Shelter Program, 86% of our residents who exited the step up shelters, moved into a positive housing destination. 91% of them maintained or increased their overall total income.
The David and Rebecca Barron Center for Men ensures homeless men in Cincinnati have access to basic human needs such as shelter, food, emergency clothing items, basic toiletries, and safety with the goal of moving residents into permanent housing.

1,855 men served in 2019
The Esther Marie Hatton Center for Women ensures homeless women in Cincinnati have access to basic human needs such as shelter, food, emergency clothing items, basic toiletries, and safety with the goal of moving residents into permanent housing.

The United States has the largest number of homeless women among industrialized nations and the highest number on record since the Great Depression. Domestic violence against women is the principle cause of women’s homelessness.
Esther Marie Hatton Center for Women
2499 Reading Road, Mt. Auburn

550 women served in 2019
Every year, Shelterhouse assists thousands of individuals – some with housing, some with programs, some with that extra bit of help that will keep them from the edge and alter their whole world. While the numbers both in our area and nationwide may be staggering, they illustrate the reality for many men and women.

**3,319**

total persons served in 2019

**88,319**

total shelter nights to homeless men and women;

**110,160**

number of meals served this year

**2,397**

people served in our emergency shelter in 2019

**10%**

victims of domestic violence

**28%**

were chronically homeless

**45%**

were disabled

**36%**

were mentally ill

**10%**

were veterans

Open 24 hours
365 days a year

(Partnership Center, Ltd. HMIS (OH-500) VESTA 2019)
3,021 volunteers provided a wide variety of services to our homeless residents in 2019.

Volunteers are crucial to our success especially since we continue to operate at an over-capacity level. Many participated in our Feed the Need Program, which provides food to our residents and is a great team building experience for any group or business while serving a significant benefit to the shelter by reducing our food costs. Detailed information can be found at: shelterhousecincy.org
Drugs and Alcohol
Recovery Program

1241

Assessments provided in our Recovery Center in 2019.

Shelterhouse provides an opportunity for every individual residing in our emergency shelters to complete an alcohol and drug assessment. Shelterhouse provides Intensive Outpatient Treatment, Non-Intensive Treatment, and Relapse Prevention Services on-site at the David and Rebecca Barron Center for Men. Similar services are available at the Esther Marie Hatton Center for Women.

3739

Medical services were provided to

1448

Individuals in 2019.

The Deaconess Health Check Clinics – provide state of the art medical care services at both shelters. The Cincinnati Health Network’s Health Care for the Homeless Program and other health care providers, offer medical care, behavioral health care, medications, laboratory testing, health education, and referrals to specialists. Care is provided regardless of the patient’s ability to pay.
2397

Individuals received Case Management Services in 2019.

Case Management is a vital and necessary component to ensure the success of all those who seek emergency shelter with Shelterhouse. Upon entry, all individuals are linked with one of our case managers who assist the client through the process of connection with community services, achieving added stability and exiting into housing that best suits his or her needs.
Our Board and Staff

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Vice Chair  Adam Gelter  3CDC
Secretary  Patty Wolff  84.51
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Executive Staff
Arlene Nolan  Executive Director  12
Fannie Johnson  Housing Director  18
Gail Harper  Director of Development  14
Buffy Dingess  Recovery Director  9
John Wagers  Facilities Manager  6
Daneille Wilder  HR Director  4
Jim Armbruster  Operations Director  4
Aaron Slovin  Finance Director  1
We hope you will compassionately consider making a donation to Shelterhouse as we continue operating at an over capacity level. We are the only low-barrier shelter system in the region and the only one which operates 24/7. Your generous donations are the vital elements that keep our doors open.

Contributions
Your tax deductible contribution is so important, and may be sent directly to:

Shelterhouse Volunteer Group
P.O. Box 643924
Cincinnati, Ohio 45264-3924

Online for immediate or sustaining donations, go to: shelterhousecincy.org

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The David & Rebecca Barron Center for Men
Administrative Offices
411 Gest Street, Suite 1
Cincinnati, OH 45203
513-721-0643

The Esther Marie Hatton Center for Women
2499 Reading Road
Cincinnati, OH 45202
513-562-1980

To help go to:
shelterhousecincy.org
and click on the DONATE button
at the top of the page.

Ask your employer
about making a matching gift.